

Niantic Data Synthesis Project

10/7/19 update to the Niantic Nitrogen Working Group

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a) Data Synthesis Report

- final version of report checking on acknowledgements, then available on website
- added in a "List of Tables" and a "List of Figures" to the Table of Contents
- added in a new section at the beginning, "Introduction to Niantic River and the Goals of this Report"



Eelgrass Success in Niantic River Estuary, CT Quantifying factors influencing interannual variability of eelgrass (*Zostera marina*) using a 30-year dataset.

October 2, 2019

Jamie Vaudrey, Ph.D. Jason Krumholz, Ph.D. Christopher Calabretta, Ph.D.



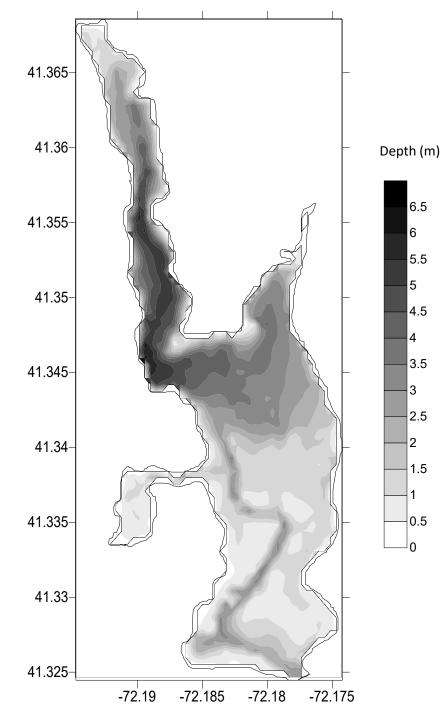
Sponsored by a grant from The Niantic River Estuary Nitrogen Workgroup (NWG). The NWG represents a partnership comprised of federal, state, and local managers, research scientists, non-government entities, and members of the Niantic River Watershed Committee (NRWC). This partnership's focus is on nutrient loading and its impact on ecosystem functions, such as water column dissolved oxygen, plant growth, and eelgrass health and survival. The NWG meets quarterly to exchange research results and information, to provide guidance and advisement on studies, to identify gaps and data needs, and to help guide a path forward towards improved resource management.

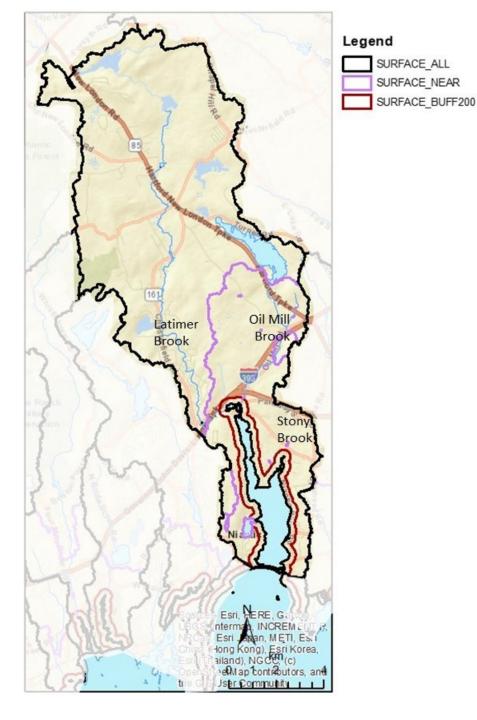
Introduction to Niantic River and the Goals of this Report

- background, pulled from proposal text
 - vibrant system, multiple habitats
 - interannual fluctuations in eelgrass
 - LIS CCMP has eelgrass goals
- general statement on long history of data
- Site Information
 - Southeastern Connecticut, U.S.A. (GPS coordinates: 41.339188°, -72.179531°)
 - average depth of 2.6 m and a maximum depth of 7 m
 - The estuarine area north of the train bridge is 270 $ha^{[1]}$.
 - Three freshwater streams drain to Niantic River Estuary: Latimer Brook, Oil Mill Brook, and Stony Brook.
 - The watershed is 7310 ha or 28.2 square miles, as calculated by Vaudrey et al. (2016)^[2] using ArcHydro to identify which stream reaches drained to the embayment.

^[1] Vaudrey, J.M.P. 2007. Estimating total ecosystem metabolism (TEM) from the oxygen rate of change: a comparison of two Connecticut estuaries. Doctoral Dissertation, University of Connecticut Groton. 424pp.

^[2] Vaudrey, J.M.P., J.K. Kim, C. Yarish, L. Brousseau, C. Pickerell, and J. Eddings. 2016. Comparative analysis and model development for determining the susceptibility to eutrophication of Long Island Sound embayments. University of Connecticut and Cornell Cooperative Extension of Suffolk County. Final report prepared for Connecticut Sea Grant College Program, New York Sea Grant College Program, and the Long Island Sound Study. Project number R-CE-34-CTNY. 46 pp. contact: jamie.vaudrey@uconn.edu.





b) Modeling

- on hold
- that portion of the project has taken much more time than we anticipated and budgeted for
- switching to focus on the remainder of the project

Other Deliverables

- c) develop recommendations for a target nitrogen load from the watershed which is supportive of CCMP targets for eelgrass and ecosystem integrity, taking into account the predicted changes in climate (e.g. rising temperatures and sea levels);
- d) utilize a land-use based nitrogen loading model recently developed by Vaudrey for many embayments, including Niantic River, to evaluate nitrogen mitigation strategies;
- e) assess the applicability of this study to other embayments of Long Island Sound by suggesting approach and data requirements for various assessments; and
- f) identify any data gaps and suggest monitoring protocol to fill these gaps.

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c) Target N-Load Supportive of Eelgrass

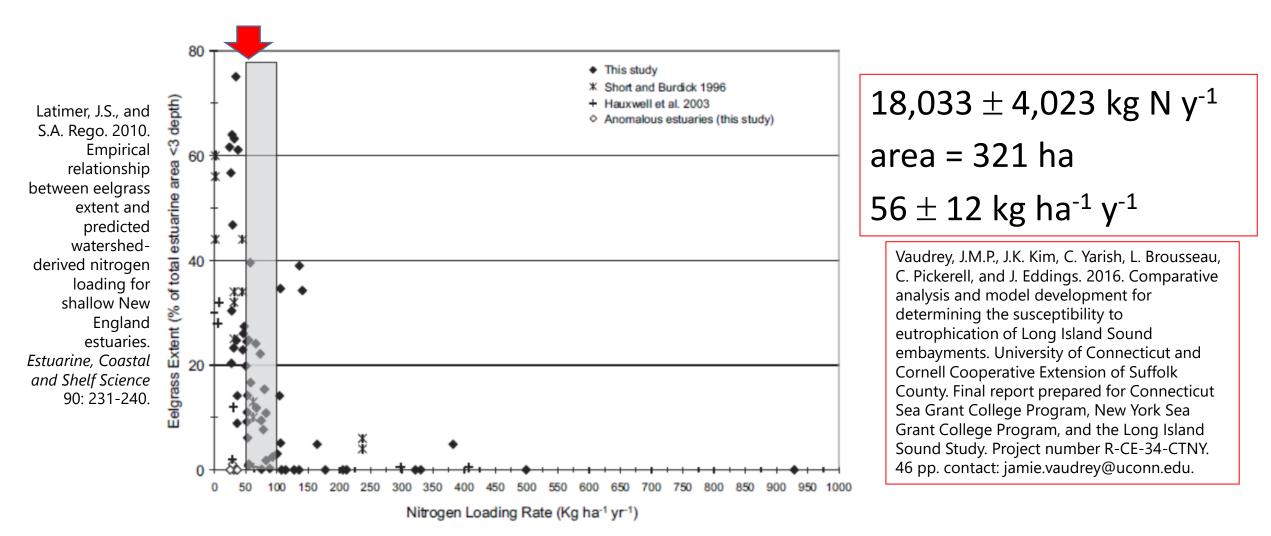


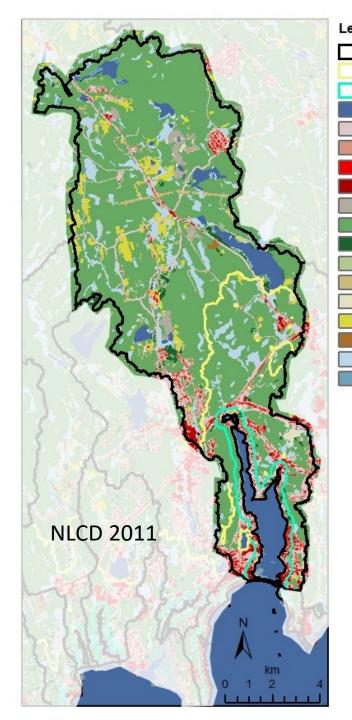
Fig. 2. Plot of eelgrass extent (percent of available habitat) vs. nitrogen loading rate (Kg N ha⁻¹ yr⁻¹) (including other published values); gray bar is the nitrogen loading threshold range from the literature 50 - 100 Kg ha⁻¹ yr⁻¹).

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d) N Load model & mitigation strategies

- watershed characteristics
- identifying the sources
- identifying the solutions



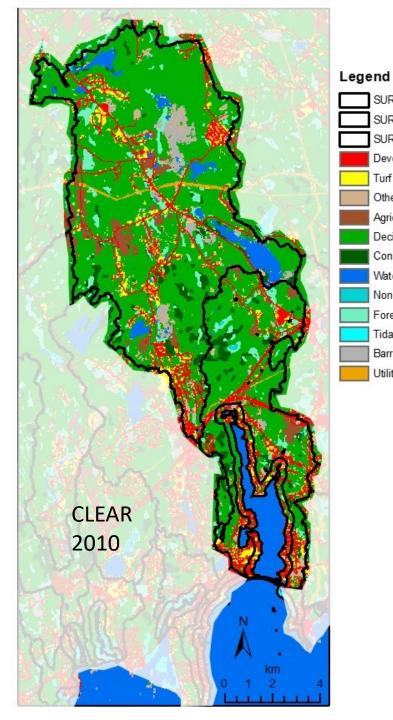
Legend

SURFACE ALL SURFACE NEAR SURFACE BUFF200 11 open water 21 developed, open space 22 developed, low intensity 23 developed, medium intensity 24 developed, high intensity 31 barren land (rock/sand/clay) 41 deciduous forest 42 evergreen forest 43 mixed forest 52 shrub/scrub 71 grassland/herbaceous 81 pasture/hay 82 cultivated crops 90 woody wetlands 95 emergent herbaceous wetlands

Land Use

NLCD land cover dataset, 2011 2001, 2003, 2006, 2008, 2011, 2013, 2016

CLEAR land cover dataset, 2010 1985, 1990, 1995, 2002, 2006, 2010



SURFACE ALL

Developed Turf & Grass Other Grasses Agricultural Field

SURFACE NEAR

Deciduous Forest

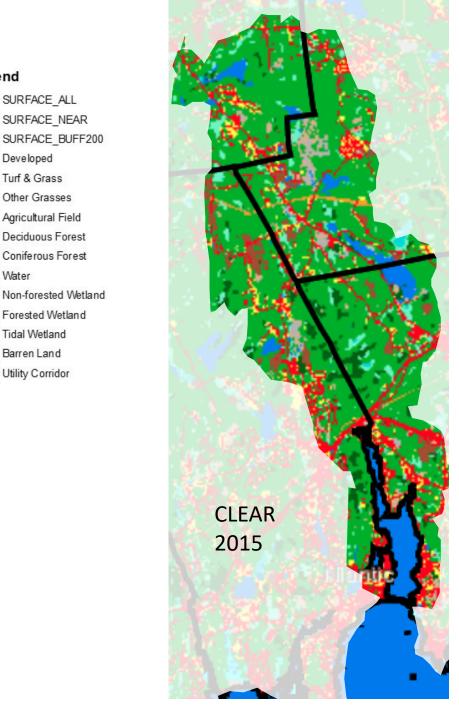
Coniferous Forest

Forested Wetland Tidal Wetland

Barren Land

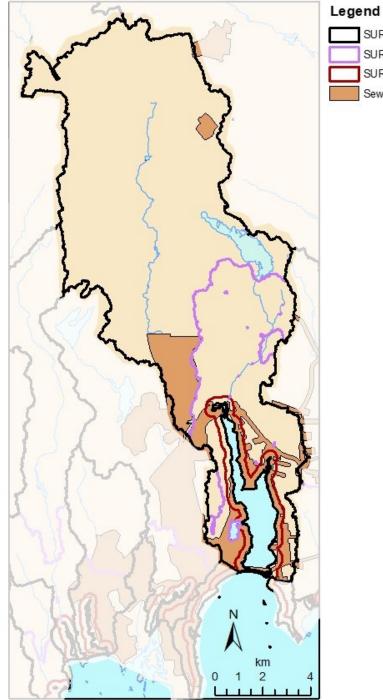
Utility Corridor

Nater



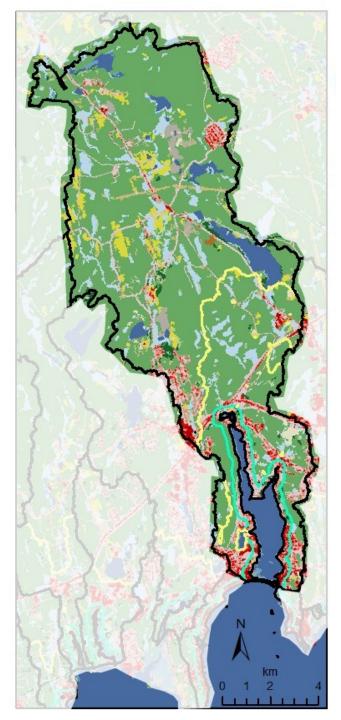
https://clear.uconn.edu /projects/landscape/CT /landcoverviewer.htm

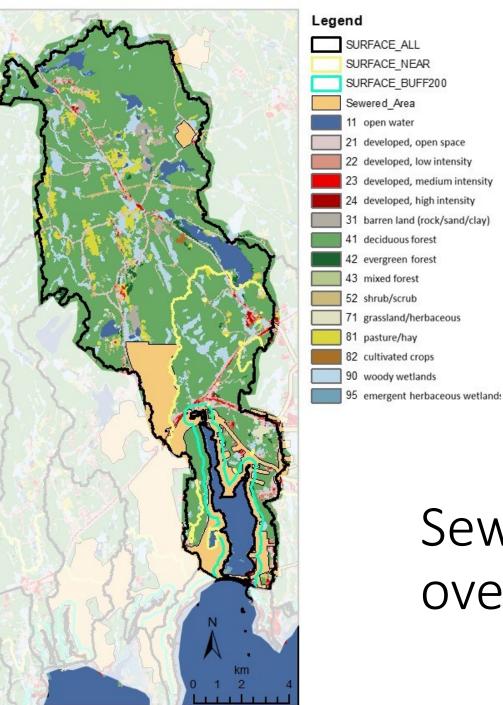
- Used CLEAR online viewer to approximate the NIR watershed for 2015.
- Not much change in land-• use from 2010 to 2015.
- Some "other grasses" converted to "deciduous forest"



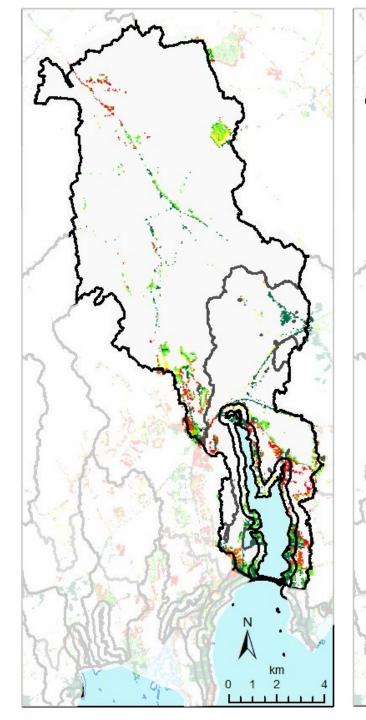
SURFACE_ALL SURFACE_NEAR SURFACE_BUFF200 Sewered_Area

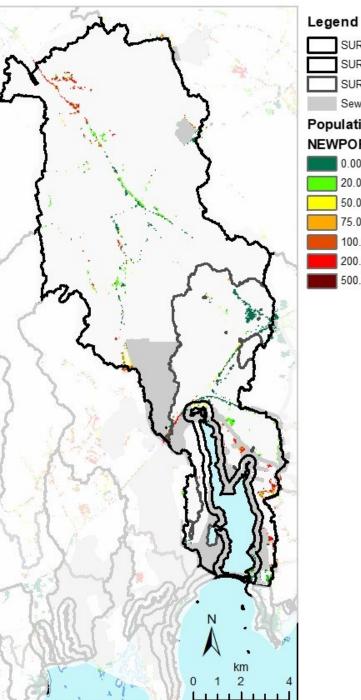
Sewered Areas





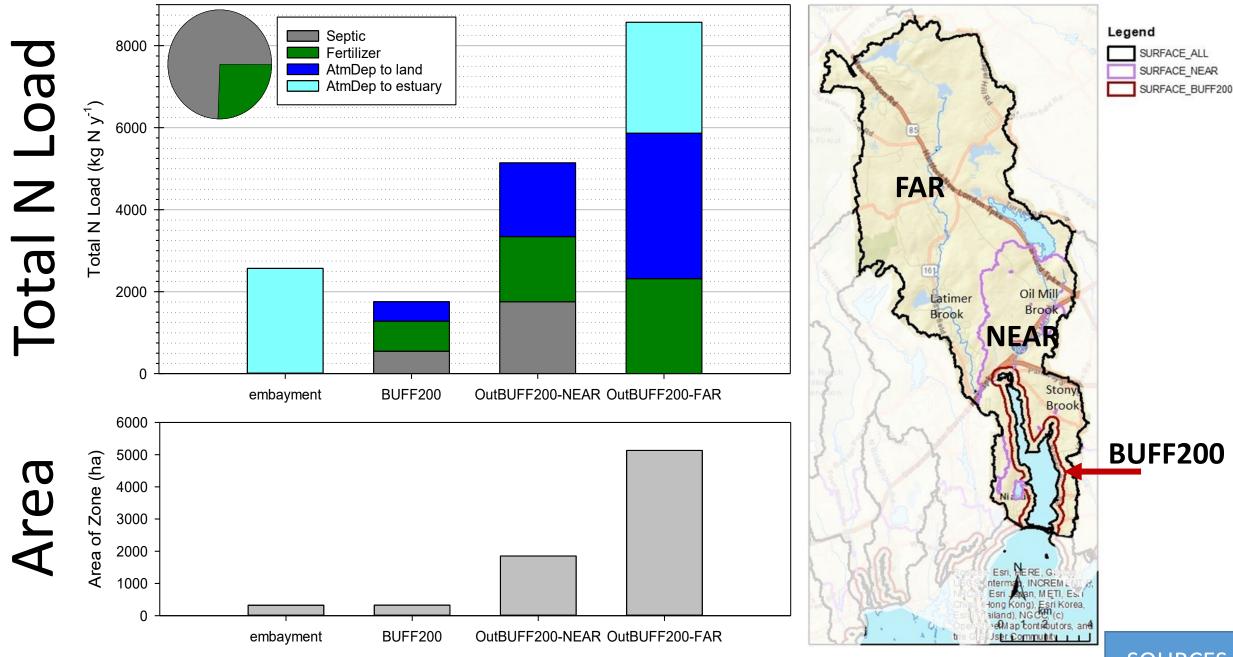
Sewered Areas over Land Cover





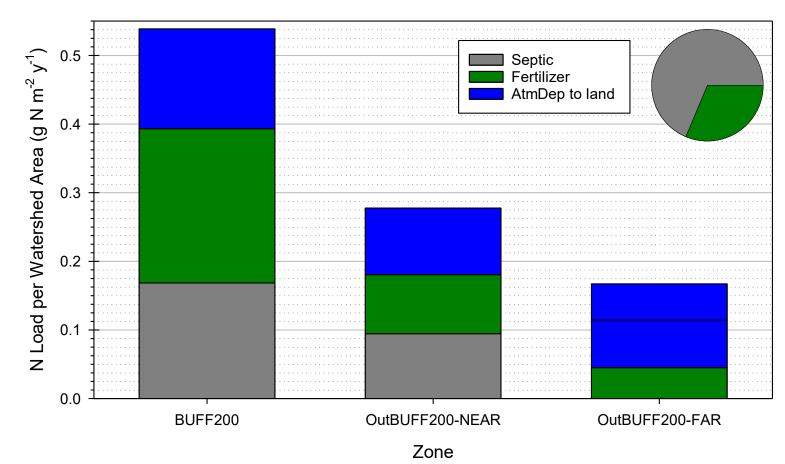
Legend SURFACE_ALL SURFACE_BUFF200 SURFACE_NEAR Sewered_Area Population_Dasymetric2010 NEWPOP 0.003138328 - 20 20.00000001 - 50 50.00000001 - 75 75.00000001 - 100 100.0000001 - 200 200.0000001 - 1,000

Sewered Areas over Population

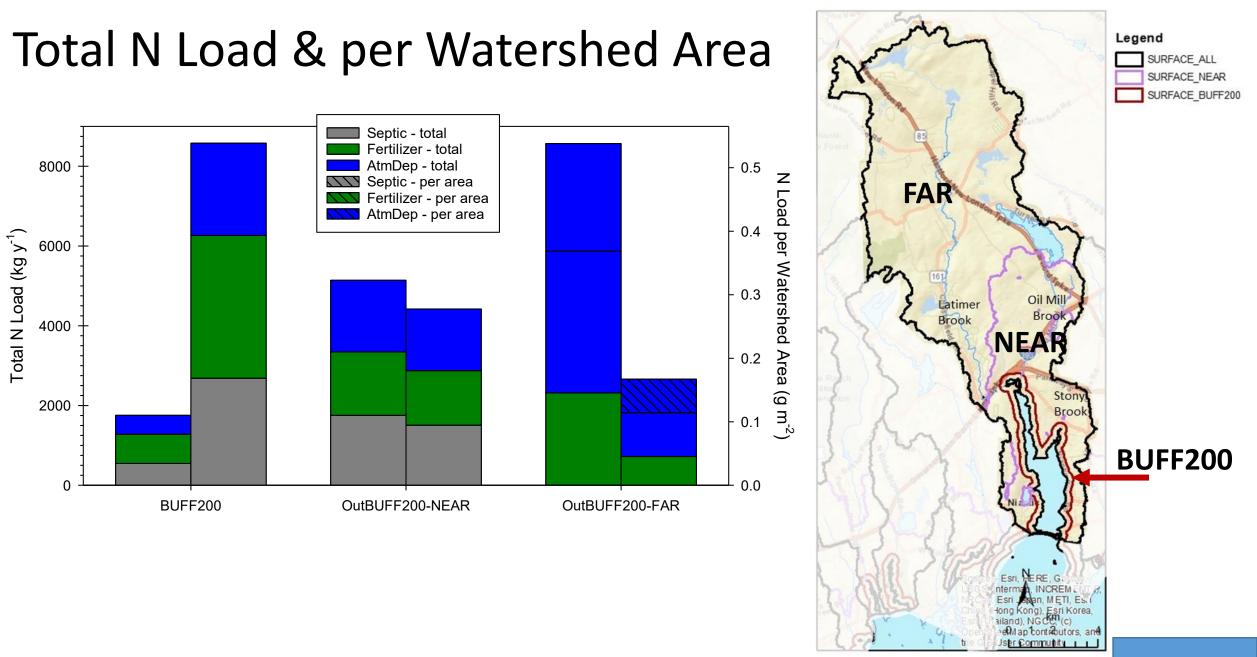


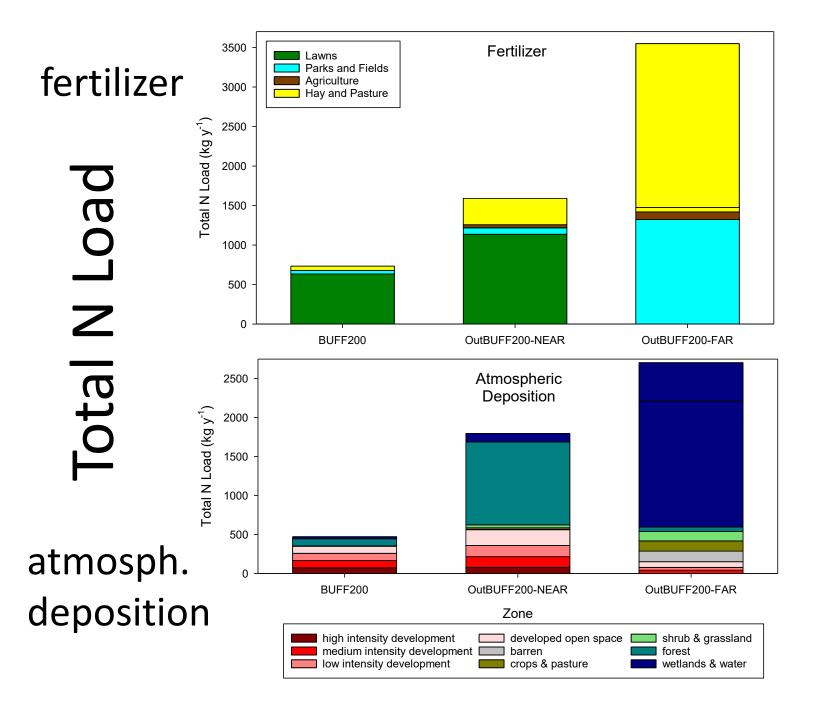
Zone

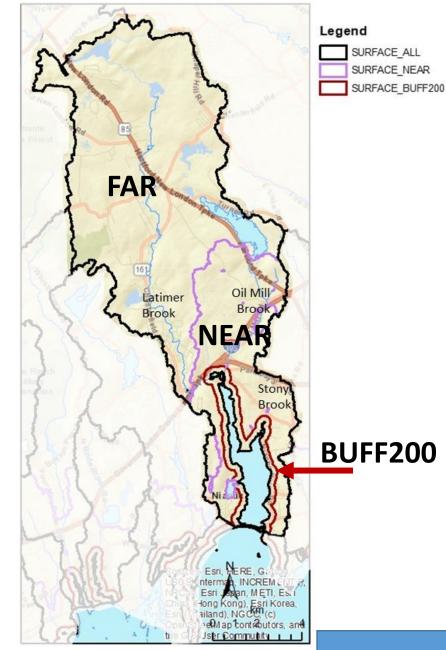
N Load per Watershed Area

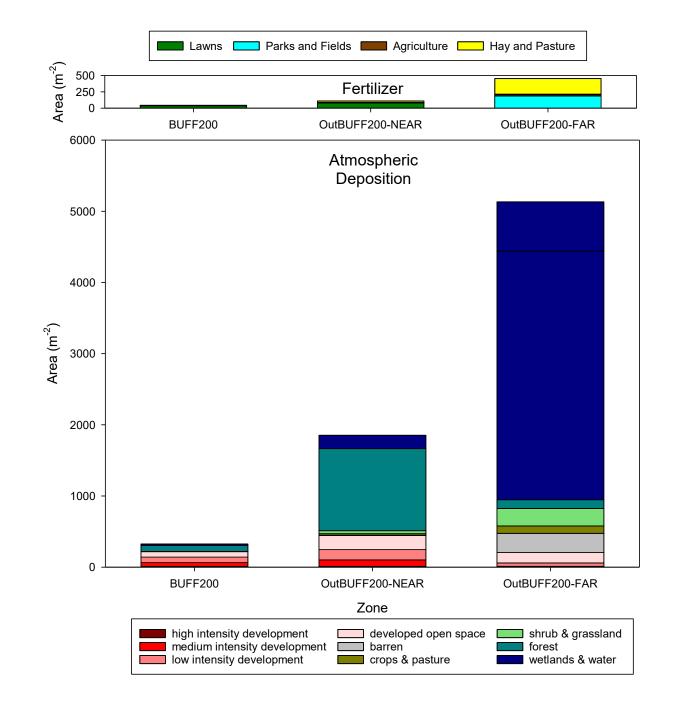


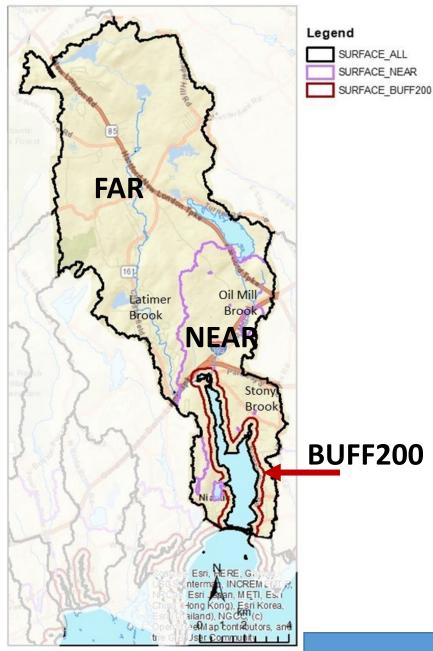
Legend SURFACE ALL SURFACE NEAR SURFACE BUFF200 FAR Oil Mil Latimer Brool Brook NEA BUFF200 eMap Contributors, and Jser Community



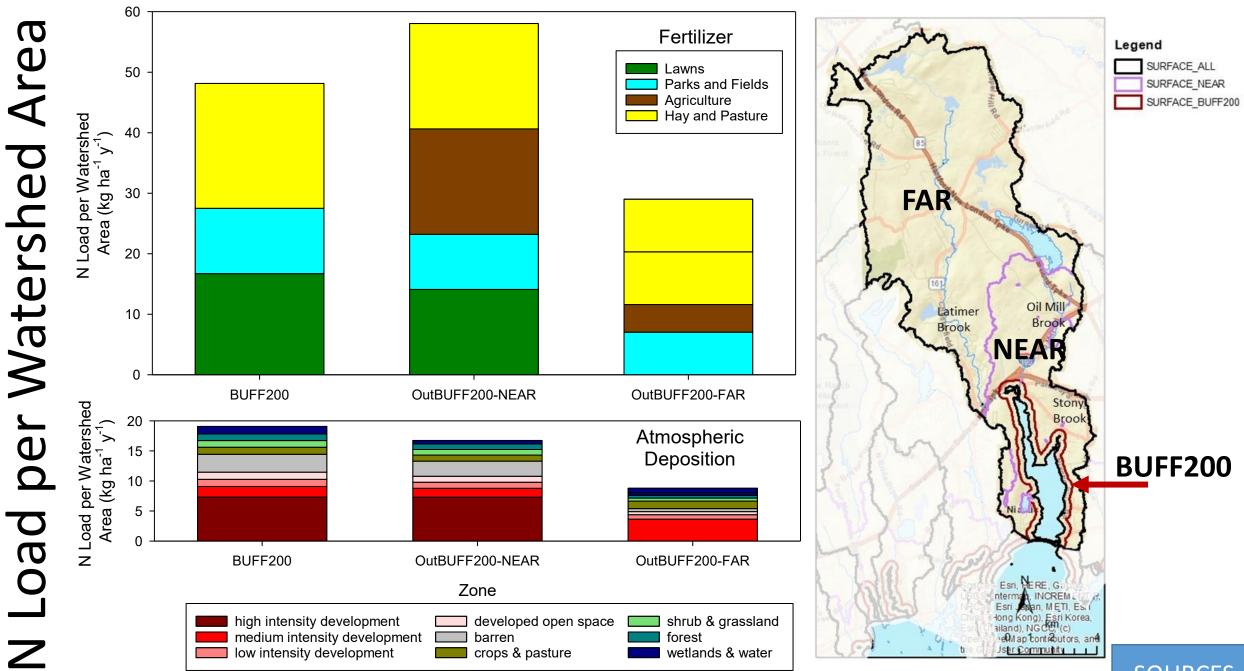


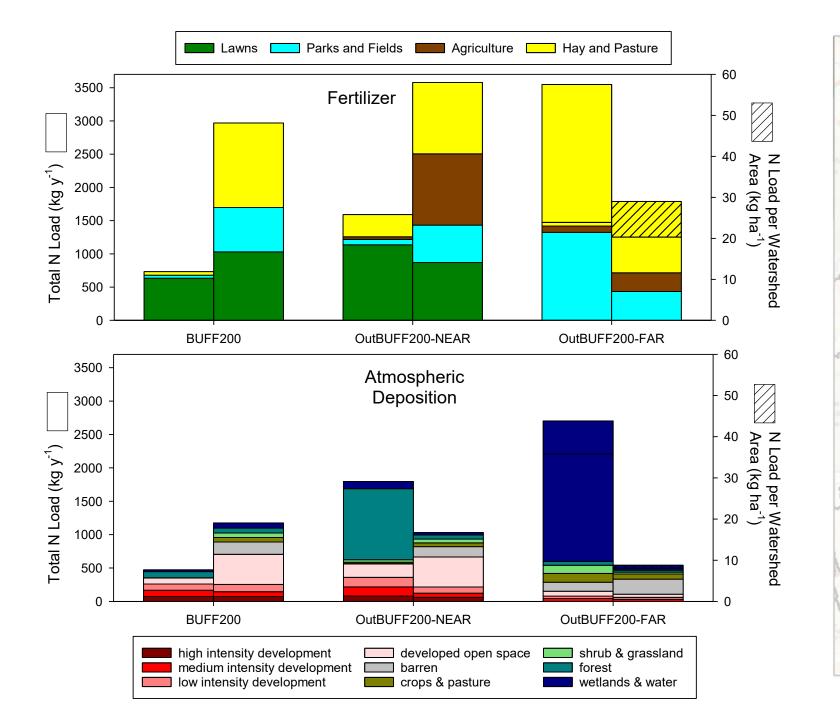




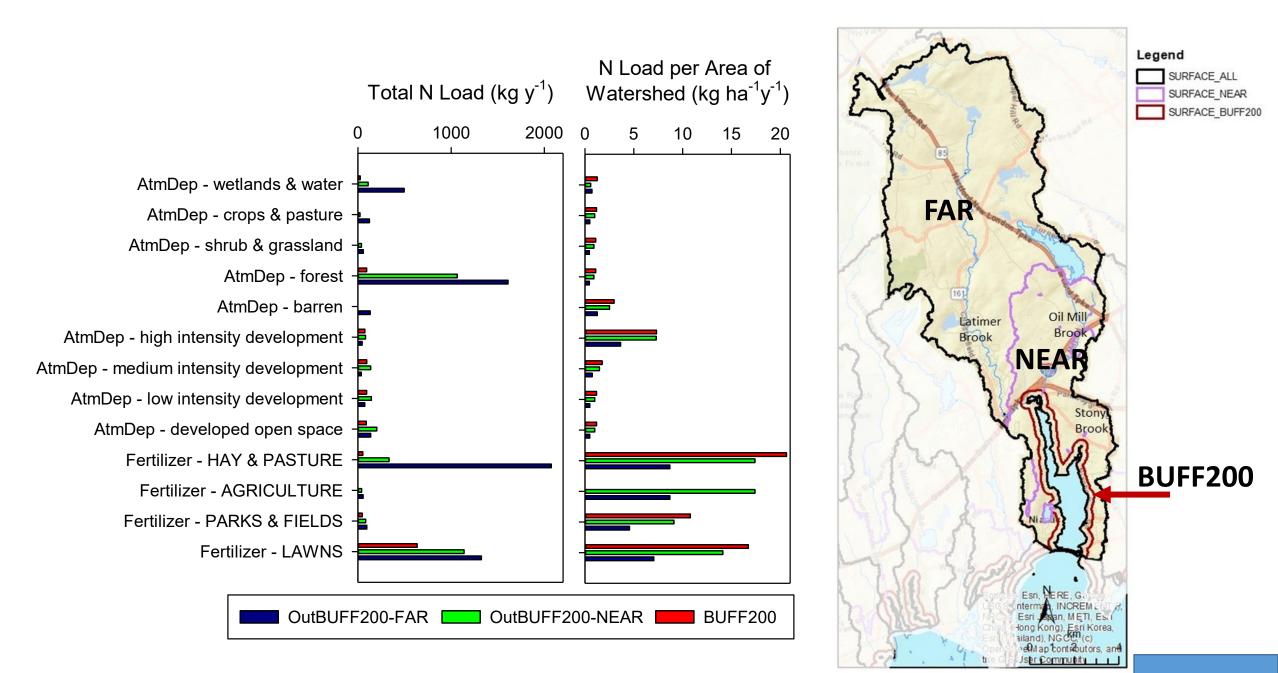


Area











Home » Regional Plans » Section 208 Plan Update » Technologies Matrix



Excel file with lots of information.

CAPE COD COMMISSION

EPA PRESS RELEASE: EPA Approves Massachusetts Plan to Protect Cape Cod Waters

Implementation Report and Watershed Reports

Ongoing Wastewater Projects

Section 208 Areawide Water Quality Management Plan

Section 208 Plan Resources

Technologies Matrix

Technologies Matrix

Site Search	>
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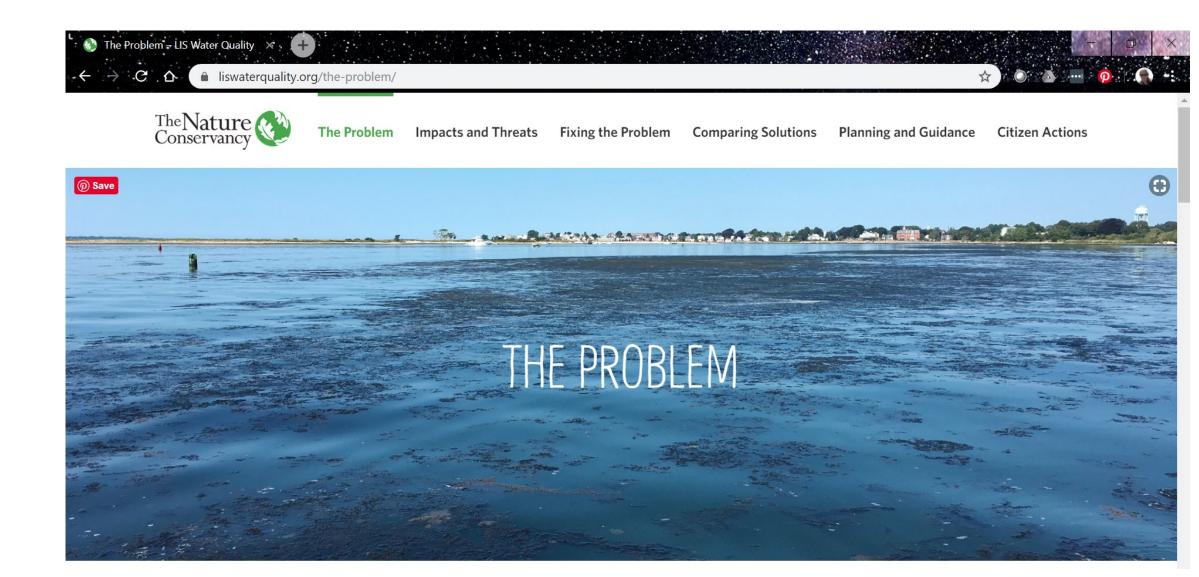


About the Technology Matrix

The Technologies Matrix is a compendium of data on nutrient management technologies.



https://www.liswaterquality.org/the-problem/





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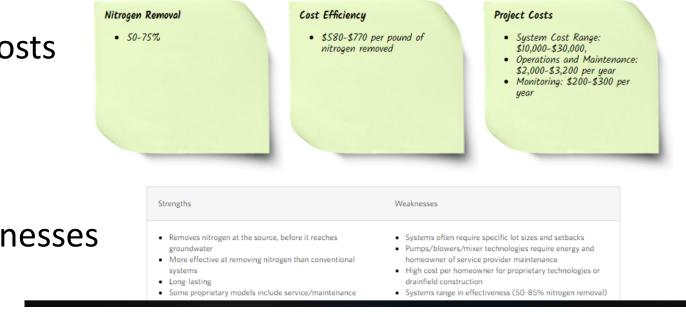


Upgrade Septic System Technology

Septic system technology has greatly advanced in recent years, improving the potential of onsite wastewater treatment systems to treat nitrogen. There are a wide variety of options currently in use and more in development - including commercial proprietary systems and non-proprietary systems - both capable of controlling pathogens and removing significantly more nitrogen than conventional septic systems.

Proprietary nitrogen reducing septic systems - sometimes known as alternative treatment - include a septic tank to settle solids. Effluent flows from the tank to a treatment unit where aeration triggers beneficial bacteria to consume nitrogen in the form of ammonia, convert it to nitrate and then harmless, inert nitrogen gas. In Connecticut, the Department of Energy and Environmental Protection (DEEP) is responsible for oversight of alternative treatment systems. Currently, they are only approved for use in large volume applications and are not permitted for use in residential settings. However, alternative treatment systems have been used in neighboring states of Massachusetts and Rhode Island for many years to reduce nitrogen pollution before it enters groundwater. In 2015, Suffolk County, New York began a comprehensive pilot project to install and monitor performance of nitrogen reducing systems as part of a septic system improvement program to address degraded water quality.

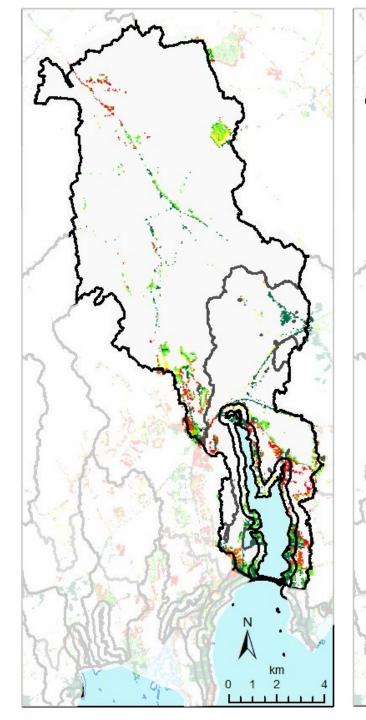
Additionally, promising new wastewater system designs are being tested in Florida, Massachusetts and on Long Island. These nonproprietary systems use gravity and low-pressure dosing pumps to filter effluent through layers of sand and denitrifying carbon media – for example, wood chips or sawdust. This approach is often referred to as passive nitrogen removal (PNR) and does not require an additional treatment unit between the septic tank and drainfield. Use of this technology is limited to existing highly polluted ground and surface waters in Connecticut and will require significant monitoring and fine-tuning of implementation before being approved for widespread use.

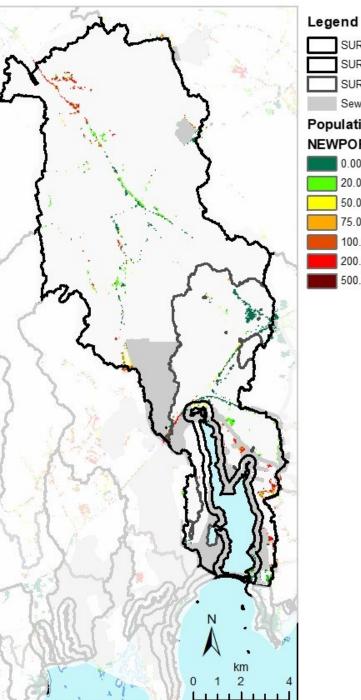


efficiency & costs

overview

strengths & weaknesses





Legend SURFACE_ALL SURFACE_BUFF200 SURFACE_NEAR Sewered_Area Population_Dasymetric2010 NEWPOP 0.003138328 - 20 20.00000001 - 50 50.00000001 - 75 75.00000001 - 100 100.0000001 - 200 200.0000001 - 1,000

Sewered Areas over Population



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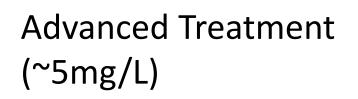
Wastewater Treatment Systems

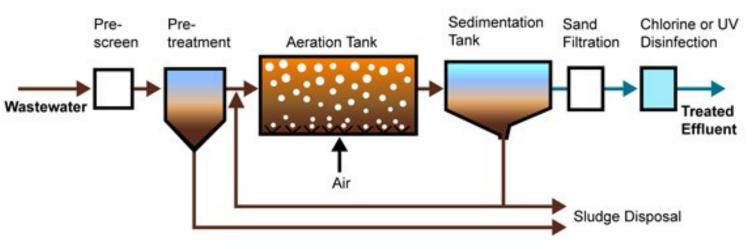
```
Conventional Treatment (~10mg/L)
Advanced Treatment (~5mg/L)
Cluster Treatment System - Single-stage (<15mg/L)
Cluster Treatment System - Two-stage (<8mg/L)
Satellite Treatment (~10mg/L)
Satellite Treatment - Enhanced (<8mg/L)
Innovative/Alternative (I/A) Systems (<19mg/L)
Innovative/Alternative (I/A) Enhanced Systems (10-13mg/L)
```

Wastewater Treatment Systems – "sewer systems"

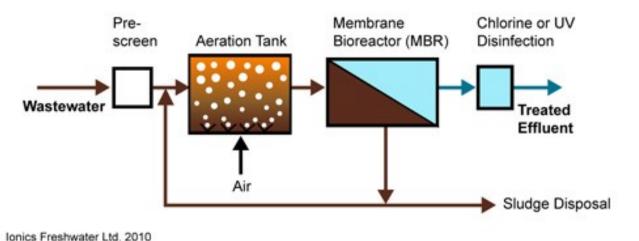
Conventional Wastewater Treatment

Conventional Treatment (~10mg/L)





Advanced Wastewater Treatment with MBR

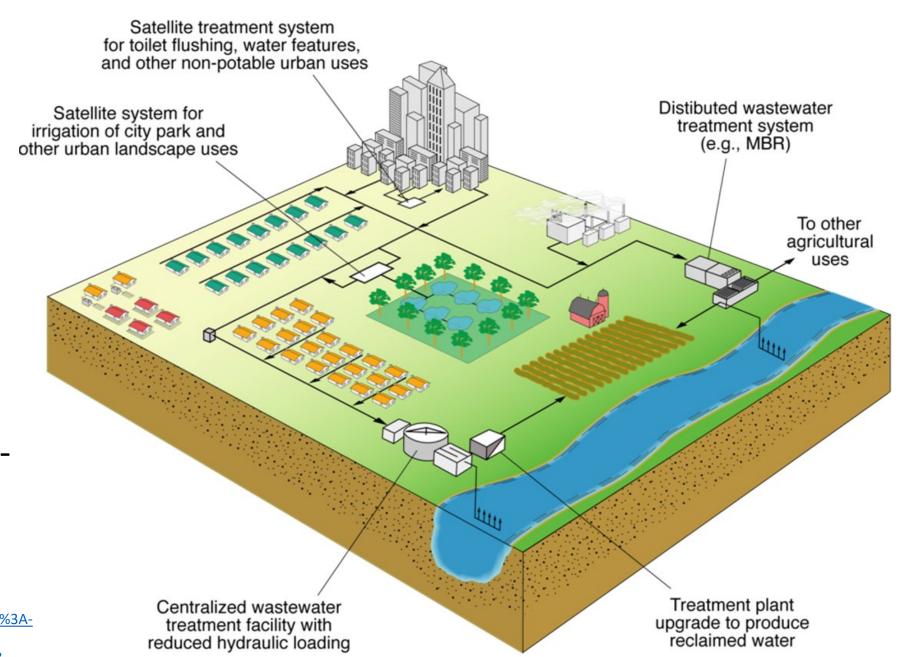


http://www.ionicsfreshwater.com/ index.php/wastewater-treatment On-Site Treatment Systems

Satellite Treatment (~10mg/L)

Satellite Treatment -Enhanced (<8mg/L)

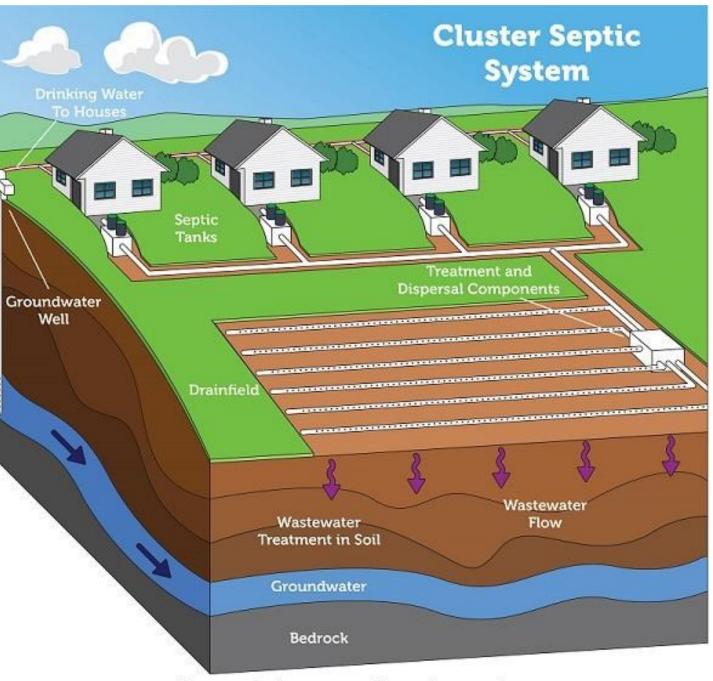
https://www.semanticscholar.org/paper/Water-reuse-%3A-Overview-of-current-practices-and-in-Angelakis-Gikas/510418e8c0ba45079124a0c8f28e6186fd017d38



On-Site Treatment Systems

Cluster Treatment System - Single-stage (<15mg/L)

Cluster Treatment System - Two-stage (<8mg/L)

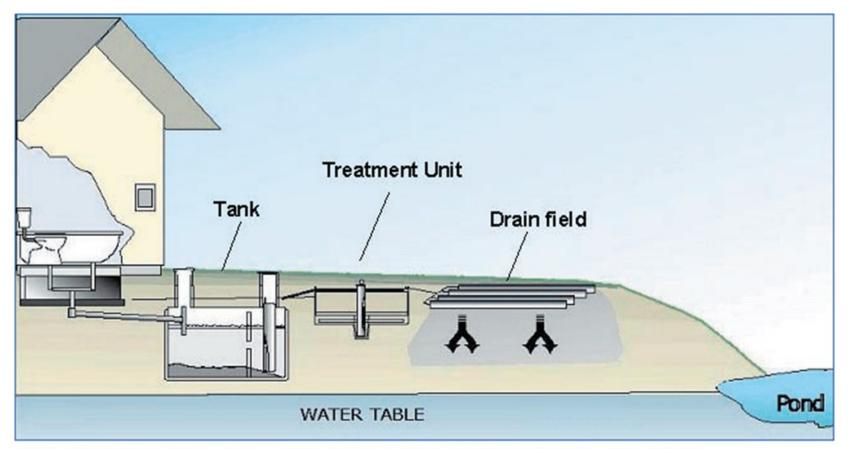


https://integritysepticdrain.com/companies-that-pump-out-septic-tanks-benton-tn

Please note: Septic systems vary. Diagram is not to scale.

On-Site Treatment Systems

Innovative/Alternative (I/A) Systems (<19mg/L) Innovative/Alternative (I/A) Enhanced Systems (10-13mg/L)



Alternative and innovative systems add a component between the septic tank and drainfield.

Waste Reduction Toilets

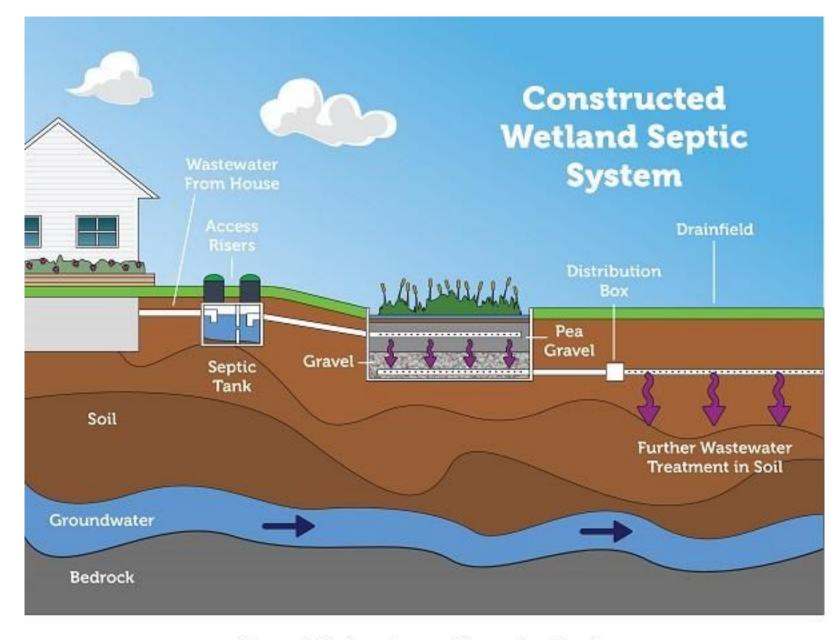
Toilets: Composting **Toilets: Incinerating Toilets: Packaging Toilets: Urine Diverting Public Facility: Urine Diverting**



Sun-Mar composting toilet

Green Infrastructure

Constructed Wetlands Hydroponic Treatments Phytoirrigation Stormwater BMPs



https://integritysepticdrain.com/companies-that-pump-out-septic-tanks-benton-tn

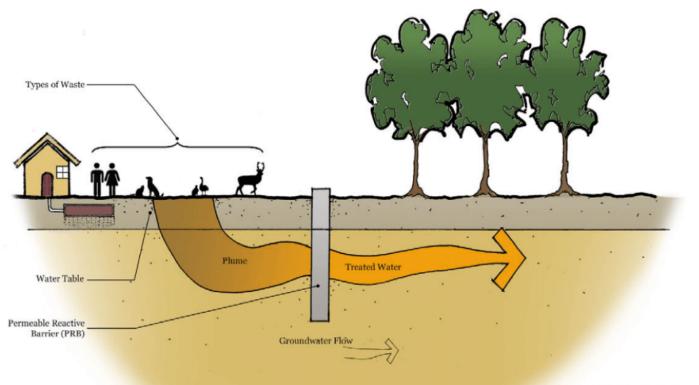
Please note: Septic systems vary. Diagram is not to scale.

Innovative & Resource Management

aquaculture phytoremediation

fertigation wells permeable reactive barriers





Non-Structural Technologies

fertilizer management stormwater BMPs remediation of existing development* compact and open space development* transfer of development rights* IN THIS YARD WE ... **APPLY NO** LEAVE FERTILIZER, or less fertilizer GRASS at the right time-**CLIPPINGS** Memorial Day on the lawn and/or Labor Day

Ask Us

How!



www.healthylawnshealthyriver.net

System Alterations

Pond and Estuary Dredging Inlet / Culvert Widening Coastal Habitat Restoration

Floating Constructed Wetlands Surface Water Remediation Wetlands Wild Oyster Bed Maintenance



https://oceanservice.noaa.g ov/facts/dredging.html

Categories of Solutions (Cape Cod Commission)

- on-site treatment systems (includes WWTFs)
- waste reduction toilets
- innovative & resource management

- non-structural technologies
- system alterations

MUNICIPALITY			
		cost / kg-N, over	
influent source	strategy	lifetime of project (\$)	reasonable?
bottom sediments	Pond and Estuary Dredging	\$2	only navigational channel dredging, bk. eelgrass
estuary, surface waters	Floating Constructed Wetlands	\$8	NA - no room
estuary	Inlet / Culvert Widening	\$17	NA - Amtrak controlled
fertilizer	Fertilizer Management	\$27	
raw sewage	Public Facility: Urine Diverting	\$65	
estuary	Coastal Habitat Restoration	\$74	NA - requires removing houses
orimary & secondary WWTF, septic	Constructed Wetlands - Subsurface Flow	\$90	
orimary & secondary WWTF, septic	Constructed Wetlands - Surface Flow	\$92	
raw sewage	Advanced Treatment (~5mg/L)	\$118	NA - WWTF effluent does not discharge to NRE
raw sewage	Conventional Treatment (~10mg/L)	\$130	NA - WWTF effluent does not discharge to NRE
stormwater	Stormwater BMP - Vegetated Swale	\$140	
groundwater	Fertigation Wells - Turf	\$149	
raw sewage	Toilets: Packaging	\$213	
raw sewage	Toilets: Composting	\$267	
raw sewage	Satellite Treatment (~10mg/L)	\$301	
groundwater	PRBs - Trench Method (Aquifer Thickness - 30 feet)	\$309	NA - rocky terrain
groundwater	Constructed Wetlands - Groundwater Treatment	\$314	
raw sewage	Satellite Treatment - Enhanced (<8mg/L)	\$325	
raw sewage	Toilets: Incinerating	\$346	
groundwater	Phytoremediation	\$354	NA - nothing to cut (very little Phragmites)
groundwater	PRBs - Injection Well Method	\$450	NA - nothing to inject
raw sewage	Toilets: Urine Diverting	\$584	
stormwater	Stormwater BMPs	\$627	
stormwater	Stormwater BMP - Gravel Wetland	\$684	
stormwater, groundwater	Stormwater: Constructed Wetlands	\$708	
raw sewage	Cluster Treatment System - Two-stage (<8mg/L)	\$872	
estuary, surface waters	Surface Water Remediation Wetlands	\$942	NA - WWTF effluent does not discharge to NRE
stormwater	Stormwater BMP - Phytobuffers	\$1,082	
raw sewage	Cluster Treatment System - Single-stage (<15mg/L)	\$1,193	
aw sewage	Innovative/Alternative (I/A) Systems (<19mg/L)	\$1,330	
raw sewage	Innovative/Alternative (I/A) Enhanced Systems (10-13mg/L)	\$1,376	
raw sewage, primary WWTF, septic	Hydroponic Treatment	\$1,691	NA - WWTF effluent does not discharge to NRE
stormwater, groundwater	Stormwater: Bioretention / Soil Media Filters	\$1,923	
secondary & advanced WWTF	Phytoirrigation	\$4,472	NA - WWTF effluent does not discharge to NRE

LAND CONSERVANCY			
		cost / kg-N, over	
influent source	strategy	lifetime of project (\$)	reasonable?
estuary, surface waters	Floating Constructed Wetlands	\$8	NA - no room
fertilizer	Fertilizer Management	\$27	
estuary	Coastal Habitat Restoration	\$74	NA - requires removing houses
primary & secondary WWTF, septic	Constructed Wetlands - Subsurface Flow	\$90	
primary & secondary WWTF, septic	Constructed Wetlands - Surface Flow	\$92	
groundwater	PRBs - Trench Method (Aquifer Thickness - 30 feet)	\$309	NA - rocky terrain
groundwater	Phytoremediation	\$354	
groundwater	PRBs - Injection Well Method	\$450	NA - nothing to inject
estuary, surface waters	Surface Water Remediation Wetlands	\$942	

HOMEOWNER			
		cost / kg-N, over	
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fertilizer	Fertilizer Management	\$27	
stormwater	Stormwater BMP - Vegetated Swale	\$140	
raw sewage	Toilets: Packaging	\$213	
raw sewage	Toilets: Composting	\$267	
groundwater	PRBs - Trench Method (Aquifer Thickness - 30 feet)	\$309	NA - rocky terrain
raw sewage	Toilets: Incinerating	\$346	
groundwater	Phytoremediation	\$354	NA - nothing to cut (very little Phragmites)
groundwater	PRBs - Injection Well Method	\$450	
raw sewage	Toilets: Urine Diverting	\$584	
stormwater	Stormwater BMPs	\$627	
stormwater	Stormwater BMP - Gravel Wetland	\$684	
stormwater	Stormwater BMP - Phytobuffers	\$1,082	
raw sewage	Innovative/Alternative (I/A) Systems (<19mg/L)	\$1,330	NA - not permitted for homeowner use in CT
raw sewage	Innovative/Alternative (I/A) Enhanced Systems (10-13mg/L)	\$1,376	NA - not permitted for homeowner use in CT
stormwater, groundwater	Stormwater: Bioretention / Soil Media Filters	\$1,923	

BUSINESS		
		cost / kg-N, over
influent source	strategy	lifetime of project (\$)
estuary	Aquaculture - Shellfish Cultivated In Estuary Bed	\$26
estuary	Aquaculture - Shellfish	\$26
estuary	Aquaculture - Mariculture	\$26

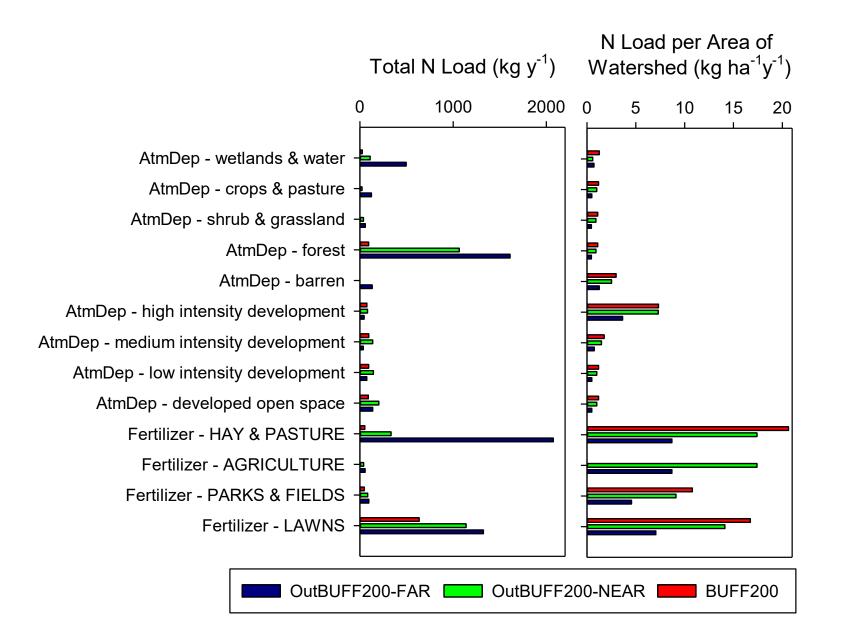
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stormwater, groundwater	Stormwater: Bioretention / Soil Media Filters	\$1,923

BUSINESS		
		cost / kg-N, over
influent source	strategy	lifetime of project (\$)
estuary	Aquaculture	\$26

LAND CONSERVANCY		
		cost / kg-N, over
influent source	strategy	lifetime of project (\$)
fertilizer	Fertilizer Management	\$27
primary & secondary WWTF, septic	Constructed Wetlands - Subsurface Flow	\$90
primary & secondary WWTF, septic	Constructed Wetlands - Surface Flow	\$92
groundwater	Phytoremediation	\$354
estuary, surface waters	Surface Water Remediation Wetlands	\$942

		cost / kg-N, over
influent source	strategy	lifetime of project (\$)
bottom sediments	Pond and Estuary Dredging	\$2
fertilizer	Fertilizer Management	\$27
raw sewage	Public Facility: Urine Diverting	\$65
primary & secondary WWTF, septic	Constructed Wetlands - Subsurface Flow	\$90
primary & secondary WWTF, septic	Constructed Wetlands - Surface Flow	\$92
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MUNICIPALITY



Fertilizer Management

- \$27 / kg N removed (Cape Cod Commission Tech Matrix)
- \$15 / house for behavior change campaign (Chesapeake Bay numbers, as cited on TNC website)

Atmospheric Deposition in high intensity development areas.

- \$92* / kg N removed for a surface water constructed wetland
- \$140* / kg N removed for a vegetated swale
- \$? / kg N removed for a rain garden servicing 1 inch of rainfall
 - (* data from Cape Cod Commission Tech matrix)

Other Deliverables

- c) develop recommendations for a target nitrogen load from the watershed which is supportive of CCMP targets for eelgrass and ecosystem integrity, taking into account the predicted changes in climate (e.g. rising temperatures and sea levels);
- d) utilize a land-use based nitrogen loading model recently developed by Vaudrey for many embayments, including Niantic River, to evaluate nitrogen mitigation strategies;
- e) assess the applicability of this study to other embayments of Long Island Sound by suggesting approach and data requirements for various assessments; and
- f) identify any data gaps and suggest monitoring protocol to fill these gaps.



Approach

- Literature review of similar efforts on seagrass in other systems
 - Identify common parameters and methods
 - Identify novel approaches/data gaps in this study if present
 - Other studies looking at multiple embayments across large estuaries
- Assess applicability of Niantic approach to other LIS Embayments
- Identify data requirements for broader implementation
- Recommend monitoring protocols based on what we have learned



Applicability

- Broader technique for multivariate data analysis used is highly applicable to other embayments throughout LIS
- However:
 - Parameters for each embayment may NOT be the same
 - FOR EXAMPLE: If sediment quality is consistently supportive of eelgrass throughout the Niantic, PRIMER will think that sediment quality doesn't matter.
 - Conditions deemed "supportive" of eelgrass may vary between embayments (Buenau et al. 2018)

Buenau, K., Thurman, C., Vavrinec, J., Borde, A., & Thom, R. (2018). Is local adaptation a factor in planning eelgrass restoration? Initial assessment of responses to temperature by eelgrass growing across a stressor gradient.



Data Requirements

- Literature review suggests high degree of similarity in parameters:
 - Light
 - Temperature
 - Salinity
 - Sediment quality (grain size/organic %)
 - Water quality (oxygen, chlorophyll, nutrients, turbidity)
- Our analysis suggests Eelgrass Health Metrics are more responsive than simpler presence/abundance approaches
 - Index 1 (biomass*longest leaf) was the most responsive, but the additional work to calculate other indices is minimal



Monitoring Approach

- Target embayments can be identified using existing field efforts (e.g. UWS) and/or modeling work (e.g. Vaudrey et al.)
- Initial data survey can capture gradients across system
 - Sediment quality
 - Eelgrass metrics
 - Ranges of water quality
- Ongoing Annual survey effort necessary for some parameters (e.g. temperature), but episodic effort may be equally effective for others (e.g. nutrients, sediment quality)

Still to Do

- Write This Up...
- Look at impact of converting Oswegatchie Hills (O.H.) forested area to houses.
 - what numbers to use?
 - 236 acres (955,058 m²)
 - 1/3 of forest to be developed? or all 236 acres?

Total N Load & N Load per Embayment Area	236 acres developed forest > med. intensity	79 acres developed forest > med. intensity
atmospheric deposition	+ 612 kg / y + 1.9 kg / ha / y	+ 576 kg / y + 1.8 kg / ha / y
fertilizer	+ 1,056 kg / y + 3.3 kg / ha / y	+ 697 kg / y + 2.2 kg / ha / y
TOTAL	+ 1,668 kg / y + 5.2 kg / ha / y	+ 1,273 kg / y + 4.0 kg / ha / y

current N Load estimate: 56 ± 12 Kg ha⁻¹ y⁻¹ < 50 Kg ha⁻¹ y⁻¹ is protective of eelgrass 50-100 ha⁻¹ y⁻¹ eelgrass is stressed > 100 Kg ha⁻¹ y⁻¹ results in eelgrass loss new load if O.H. developed: 60 - 62 Kg ha⁻¹ y⁻¹